



TRANSLATING RESEARCH TO TRANSFORM SOCIETY

COURSE DETAILS

Candidates will be chosen through a competitive selection process.

Application Form: <https://forms.gle/uApgt24PWWF4JWkd7>

Applications are due by 20th June 2025

More details about the course are available on the SJRI website.
https://sjri.res.in/announcement/Nutrition_Research_Course_to_Translate_and_Utilize_Research_Findings_into_Practice_NURTURE

Course Fee:

There is no course fee.

If you have any questions regarding the application form and course content, please contact:

Dr. Rebecca Kuriyan Raj, Course Director

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St. John's
National Academy of
Health Sciences

DIVISION OF NUTRITION
ST. JOHN'S RESEARCH INSTITUTE
ST. JOHN'S NATIONAL ACADEMY OF HEALTH SCIENCES

in collaboration with

ICMR - NATIONAL INSTITUTE OF NUTRITION
&
NUTRITION SOCIETY OF INDIA



IS CONDUCTING A COURSE

NURTURE



NUTRITION RESEARCH COURSE TO TRANSLATE AND UTILIZE
RESEARCH FINDINGS INTO PRACTICE

21st July - 1st August 2025

"TRANSLATING RESEARCH TO TRANSFORM SOCIETY"

COURSE OBJECTIVES

- N**urture **Critical Thinking:** To foster analytical and critical thinking skills to formulate evidence-based solutions.
- U**phold **Ethics:** Demonstrate awareness of ethical principles in nutrition research and practice, ensuring integrity and accountability.
- R**einforce **Interdisciplinary Learning:** Encourage integration of knowledge across disciplines for a holistic understanding.
- T**ranslate **Research:** Translate research findings into practical recommendations for public health interventions and policies.
- U**pgade **Professional Competence:** Continuously enhance professional skills through hands-on experience, mentorship, and reflective learning.
- R**espond to **Public Health Needs:** Prepare to respond proactively to nutrition-related public health challenges, emergencies, and policy demands in India.
- E**ngage with **Communities:** Promote community engagement and participatory approaches to co-design effective and sustainable nutrition interventions.

WHO CAN APPLY?

Doctoral students and young faculty in academia, state institutes, government program implementers, and members of non-governmental organizations with a strong commitment to research program implementation and building capacity in the parent institution and across India.



Multidisciplinary Training in Nutrition and Public Health Research



COURSE OUTLINE

The following topics will be covered through lectures, group discussions, and hands-on sessions by expert faculty.

- **Public Health Nutrition - Global and Indian Scenario**
- **Nutrition Assessment and Body Composition**
- **Precision Nutrition**
- **Food Fortification - Challenges and Benefits**
- **Nutrition and Food Security**
- **Health Economics and Nutrition**
- **Inequalities in Nutrition and Health**
- **Implementation Research**
- **Qualitative Research and Health**
- **Scientific Writing**

